

Community Resources for Covid-19

Nutrition Supports

North

	Town/City	Days	Times	Meal Type	Comments
Northern Berkshire Community Coalition Weekend Meal Delivery Program	North County	Fridays & Saturdays	3:00pm	Delivery	Office is open to take calls Monday - Friday from 9am - 3pm. Deliveries will take place Fridays at 3pm and Saturday will be coordinated at a separate time. (413)663-7588
Food Bank of Western MA Mobile Food Bank	Adams	2nd & 4th Tuesday	10:00-11:00	Food Bank	Bring your own bag
Hoosac Valley Elementary School 14 Commercial St.	Adams	M-W-F	9:00-11:00	Grab-and-Go	school aged children (413)743-0876 Monday & Wednesday Packaged will include 2 days worth of meals
Hoosac Valley Elementary School 14 Commercial St.	Adams	Saturdays	10:30-11:30	Grab-and-Go	Meals purchased from restaurants free to families of the school district.
Adams Council On Aging 3 Hoosac St	Adams	M-F	8:30-4:00	Grab-and-Go	Must Call Ahead (413)743-8333
McCann Technical School	North Adams	M-F	4:00-5:00	Grab-and-Go	Available for residents 18 years and under.
North Adams Council on Aging 116 Ashland St	North Adams	M-F	11:00-11:30	Grab-and-Go	65+ year old - Must Call One day in advance to reserve meal (413)664-9826
First Baptist Church 88 South Street	North Adams	Saturdays	11-12:30	Meal Site Take out only	
Salvation Army 393 River St	North Adams	Tuesdays	12:00-3:00	Meal Site Take out only	Meet at the front door to receive food.
Al Nelson Friendship Center @ St. Elizabeth Parish Center 70 Holder St	North Adams	Wednesday	10am-2pm 3:30-5pm	Pantry	Food will be boxed and distributed one at a time outside
Berkshire Food Project 134 Main St	North Adams	M, W, F	11:30-1:00	Meal Site Take out only	pickup outside kitchen entrance under tent
Brayton Elementary School 20 Barbour St	North Adams	M-F	11:00-12:00	Grab-and-Go	school aged children, On friday grab breakfast & Lunch for the weekend
Colegrove Park Elementary School 25 Church St	North Adams	M-F	11:00-12:00	Grab-and-Go	school aged children, On friday grab breakfast & Lunch for the weekend
Mohawk Forest Apartments 201 Mohawk Forest Blvd	North Adams	M-F	11:00-12:00	Grab-and-Go	school aged children, On friday grab breakfast & Lunch for the weekend
Greylock Valley Apartments,	North Adams	M-F	11:00-12:00	Grab-and-Go	school aged children, On friday grab breakfast & Lunch for the weekend
ROOTS Teen Center 48 Eagle St	North Adams	T-F	Tuesday 4:30-8:00 W-Th-F 2:30-8:00	Pick Up	Meals by appointment, contact Paula Buxbaum (413)663-0250
Cheshire Council On Aging 80 Church St	Cheshire	M-T-W	8:30-4:00	Grab-and-Go	Must call in advance (413)743-9719
Cheshire Food Pantry 119 School St	Cheshire	1st Saturday of the month	11:00-12:00	Pantry	This is located at the Senior Center.

American Legion/VFW 44 Old State Rd.	Lanesborough	Friday	9:30-11am	Pantry	413-442-1025
Lanesborough Elementary School 188 Summer St	Lanesborough	M-F	9:30-10:30	Grab-and-Go	call (413) 458-9582 or email lunches@mgrhs.org with the # of lunches need
Williamstown food pantry @ Saint Patrick & Raphael Parish 53 Southworth St	Williamstown	Wednesday	9:30-12:00	Pantry	Enter church grounds form the mission park drive entrance north of the church and exit onto southworth Street
Community Bible Church 160 Bridges Rd	Williamstown	M-Th	10:00-3:00	Pantry	Can also call for appointments (413)458-5556
Williamstown Elementary School 115 Church St	Williamstown	M-F	9:30-10:30	Grab-and-Go	call (413) 458-9582 Ext. 1195 or email lunches@mgrhs.org with the # of lunches needed
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	Town/City	Days	Times	Meal Type	Comments
CHP Mobile Food Unit 400 Main St	Dalton			Pantry	Beginning March 23rd Dalton- 4th Wednesday 11-12 GB 1st Tuesday; please park and stay in your car, Flash your headlights and volunteers will bring the food to you.
St. Agnes Church Food Pantry 489 Main St	Dalton	Thursday	10:00-11:00	Pantry	Dalton & Hilltown Residents
Dalton United Methodist Church Food Pantry 755 Main St	Dalton	Tuesdays	12:30-1:00 4:00-6:00	Pantry	For all Berkshire Country residents (413)684-0521
Nessacus Regional Middle School 35 Fox Rd	Dalton	Monday	8:00-9:00	Grab-and-Go	Please say in your car
First Congregational Church of Hinsdale now located at Hinsdale Trading Company 371 Old Dalton Rd	Hinsdale	Thursday	10:00-11:00	Pantry	Delivery Only, Call to arrange (413)655-2670
Kittredge Elementary School 80 Maple St	Hinsdale	M-W-F	11:30-12:30	Grab-and-Go	Front Lobby
Becket Federated Church parish House 3381 Main St	Becket	1st & 3rd Saturday of the month	9:00-11:00	Pantry	413-841-1701
Becket Washington Elementary School 12 Maple St	Becket	Monday	8:00-9:00	Grab-and-Go	Please say in your car
Berkshire Dream Center (held at the Morningside Baptist Church) 475 Tyler Street	Pittsfield	Tuesdays	4:00-5:00	Pantry	
Christian Assembly 850 Williams St	Pittsfield	Fridays	10:00-12:00	Pantry	
Christian Center 193 Robbins Ave	Pittsfield	Mon & Tue & Fri	12:00-1:00	Pantry	(413)443-2828
First Baptist Church 88 South Street	Pittsfield	Tuesdays	10:30-12:30	Pantry	
St Stephen Parish 67 East St	Pittsfield			Meal Site	Call to confirm hours (413)448-8276
St. Joseph's Church (Held at the Parish Center) 414 North Street	Pittsfield	Wednesday	9:00-10:00	Pantry	
St. Mark's Church 400 West Street	Pittsfield	Last 2 Fridays of the month	9:00-11:00	Pantry	
Soldier On 360 West Housatonic St	Pittsfield	Saturdays	8:00-11:00	Pantry	(413)236-5644
The Salvation Army 298 West Street	Pittsfield	W-F	10:00-2:00	Pantry	access once per week

The Salvation Army 298 West Street	Pittsfield	M-F & Sunday Dinner	10:30-11:30 & 4:30-5:30	Meal Site	
South Congregational Church 110 South Street	Pittsfield	Wednesday and Thursday only	8:00-11:00	Pantry	(413)442-7357
South Congregational Church 110 South Street	Pittsfield	Breakfast W- Th & Dinner W	8:00-9am & 3:30-6pm	Meal Site	Deliveries as needed; call (413) 442-7357
Morningside Community School 100 Burbank Street	Pittsfield	M-W-F	12:00-1:00	PPS Grab-and-Go	school aged children Monday & Wednesday Kids are provided Breakfast & Lunches for 2 days. Friday Kids are provided Breakfast & Lunches for 3 days
Conte Community School 200 West Union Street	Pittsfield	M-W-F	12:00-1:00	PPS Grab-and-Go	school aged children Monday & Wednesday Kids are provided Breakfast & Lunches for 2 days. Friday Kids are provided Breakfast & Lunches for 3 days
Dower Square Housing Village 253 Wahconah Street	Pittsfield	M-W-F	12:00-1:00	PPS Grab-and-Go	school aged children Monday & Wednesday Kids are provided Breakfast & Lunches for 2 days. Friday Kids are provided Breakfast & Lunches for 3 days
The Berkshire Family YMCA 292 North Street	Pittsfield	M-W-F	12:00-1:00	PPS Grab-and-Go	school aged children Monday & Wednesday Kids are provided Breakfast & Lunches for 2 days. Friday Kids are provided Breakfast & Lunches for 3 days
Glady Brigham Center 165 East St	Pittsfield	M-W-F	12:00-1:00	PPS Grab-and-Go	school aged children Monday & Wednesday Kids are provided Breakfast & Lunches for 2 days. Friday Kids are provided Breakfast & Lunches for 3 days
Boys & Girls Club of the Berkshires 16 Melville Street	Pittsfield	M-W-F	12:00-1:00	PPS Grab-and-Go	school aged children Monday & Wednesday Kids are provided Breakfast & Lunches for 2 days. Friday Kids are provided Breakfast & Lunches for 3 days
The Brattlebrook Apartments April Lane	Pittsfield	M-W-F	12:00-1:00	PPS Grab-and-Go	school aged children Monday & Wednesday Kids are provided Breakfast & Lunches for 2 days. Friday Kids are provided Breakfast & Lunches for 3 days

Berkshire Peak Apartments 341 West St	Pittsfield	M-W-F	12:00-1:00	PPS Grab-and-Go	school aged children Monday & Wednesday Kids are provided Breakfast & Lunches for 2 days. Friday Kids are provided Breakfast & Lunches for 3 days
Wilson Park Housing	Pittsfield	M-W-F	12:00-1:00	PPS Grab-and-Go	school aged children Monday & Wednesday Kids are provided Breakfast & Lunches for 2 days. Friday Kids are provided Breakfast & Lunches for 3 days
Lenox Meal Delivery Hotline	Lenox			Delivery	(413) 637-4787
Lenox Ecumenical Food Pantry in United Methodist Church 6 Holmes Rd	Lenox	Saturdays	10:00-11:00	Pantry	
South					
	Town/City	Days	Times	Meal Type	Comments
Lee Elementary School 310 Greylcok St	Lee	Tuesdays	after 11:30	Delivery	Weekly packages of 5 days worth of meals for Lee residents and LPS students in Tyringham; call (413) 243-0336 X3333 or email lunches@leepublicschools.net and provide name, address, phone number, # of meals need and ages of children. Need to call or email by noon on FRIDAY to receive a box for the following week
Starving Artist Creperie and Café 40 Main St	Lee	Wed-Mon	7:30-5pm Sunday (9-3)	Delivery	More information on their Facebook, local farm fresh foods offering a weekly delivery at different price points.
Lee Food Pantry 45 Railroad St	Lee	Saturdays	10:00-12:00	Pantry	(413)266-1141
Richmond Consolidated School 1831 State Rd	Richmond	M-F	9:00-10:00	Grab-and-Go	call or email Tammy at (413) 698-2207 or tjervas@richmondconsolidated.org the night before with the number of lunches needed
Undermountain Elementary School 491 Berkshire School Rd	Sheffield	M-F	11:00-1:00	Grab-and-Go	For Southen Berkshire Families only. Can contact Jeremy Wells for more information: meals@sbrsd.org or call 413-248-0727- no registration or ID needed. On Friday, a weekend box of food is sent home. Need to register to receive. Also do delivery
Bizen 17 Railroad St	Great Barrington	M-Su	12:00-2:00 & 5:00-8:30	Pick Up	Free Veggie Sushi Roll for all kids through high school
People's Pantry 5 St. James Place	Great Barrington	Monday & Thursday	5:00-6:30 & 9:30-1:00	Pantry	
Monument Valley Middle School (in the main loop) 313 Monument Valley Rd	Great Barrington	Fridays	11:00-2:00	Grab-and-Go	Available for any family who lives in the Berkshire Hills District Bag of shelf stable items and produce for the week. Families must pre-register by emailing: meals@bhrsd.org or call Kathy Sullivan at 413-644-2325. If hours don't work for you, school will accomodate. You need to stay in your car when you pick up
Bizen 17 Railroad St	Great Barrington	Everyday	12-2pm 5-8:30pm	Grab-and-Go	Available to all kids through high school
Shaker Mill Tap House 5 Albany Rd	West Stockbridge	Monday	11:00-1:00		Free lunch for any adult or child, menu will change weekly
West Stockbridge Public Market 8 Main St	West Stockbridge	M-F	12:00-2:00 4:00-6:00		Free lunch & Dinner to any adult or child in need

Farmington River Elementary School 555 Main St	Otis	Monday	9:00-10:00	Grab-and-Go	Brown Bag Meals+food for the week. Email: tdellagiustina@frsd.org for info. Delivery available
Additional Grocery Store Hours for Seniors					
	Times	Days	Comments		
Big Y	7am - 8am	7 days a week	Regular hours are 7:30am - 8pm		
Price Chopper/Market 31	6am - 7am	7 days a week	Regular hours are 7am - 10pm		
Stop and Shop	6am - 7:30am	7 days a week	Regular hours are 7:30am - 8pm		
Guidos	9am - 10am	7 days a week	Regular hours Monday - Saturday 9am - 6pm		
Other Food Supports					
	Contact Information			Comments	
North Adams Farmers Market	(413)664-6180			Expected to launch the week of 4/13/20 Accepting EBT payments and doubling up to \$30 in benefits. Delivering in North County	
Square Roots Farm	(413)446-1446 farmers@sqaurerootsfarm.org			Offering a home delivery service, place orders through their website. Accepts SNAP.	
Mountain Girl Farm	(413)663-9761 mountaingirfarm@yahoo.com			Offering a home delivery, please contact to order accepts SNAP & HIP	
Roots Rising Virtual Farmers Market	https://www.rootsrising.org/virtualfarmersmarket			Launch on April 6th, 2020, Delivery option that is free for SNAP card holders, seniors and those who have lost their job due to COVID. Pick up is also a option (730) Tyler St)	
Massachusetts Food Delivery	https://massfooddelivery.com/			Farm fresh food delivered to your door	
Meals on Wheels	(413)499-0524			Monday-Friday around lunch time	
Whitney's Farm and Market	https://whitneysfarm.com/			Curbside Pick-Up	
FoodSource Hotline	1(800)645-8333			This hotline connects people struggling to put food on the table with SNAP benefits and other food resources in their community. Monday - Friday from 8am-7pm Saturday from 10am - 2pm	
Financial & Utility Supports					
	Contact Information			Comments	
Neighbor-to-Neighbor Fund	http://www.berkshiretaconic.org/bReceiveNonprofitsIndividuals/SearchApplyforGrants/NeighbortoNeighborN2N.aspx			Emergency assistance for local residents who are in economic distress through small grants to help with overdue utilities, medical bills, short term housing costs, and transportation problems. Checks are written to the vendor (landlord, utility company, pharmacy or mechanic) on behalf of the community member in need.	

18 Degrees Emergency Childcare	(413)448-8281 ext 211 eweller@18degreesma.org	Emergency Childcare of essential workers Open 7:30am - 5:30pm March 31 - May 2, 2020
Emergency child care services for essential employees	https://eeclead.force.com/resource/1584913293000/EEC_EmergencyProviderList	Please visit this website for a contact list of all emergency child care services.
The Department of Public Utilities	(617)305-3500	Suspending all shut-offs of gas and electric utilities, including municipal light and gas plants, for residential customers during the #COVID19 State of Emergency.
National Grid	ngrid.com/covid-19 .	Temporarily suspended collections-related activities, including service disconnections, to lessen any financial hardship. This will stay in effect at least until the end of April.
Berkshire Community Action Council	Central/South: (413)445-4503 North: (413)663-3014	If you were recently laid off apply for fuel assistance through BCAC by calling the number provided. This program can also help with free Tax prep and Loan programs.
Spectrum	1(800)488-8398	Free internet access for students.
Honda Financial Services	1(800)457-9929	If in need and cannot pay car payment - call number given and they will allow 3 month of non payment with no penalty.
Comcast	https://www.internetessentials.com/covid19	2 months of internet essentials for new clients in low income famils impacted by COVID
Bartender Relief Fund	https://www.usbgfoundation.org/beap	Bartender emergency assistance program, applications required, please follow the link to apply.
Covid-19 Emergency Response Fund for Berkhsire County	To apply, email requests to berkshireuw@email.com They will require you answer a few questions.	Berkshire Taconic Community Foundation and Berkshire United Way has launched resources for 501c organization working with communities who are disproportionately impacted by the coronavirus and the economic conseqenced of this outbreak
Family Supports		
	Contact Information	Comments
Multilingual Factsheet	https://www.kingcounty.gov/covid	Public health factsheet in 11 languages
Food Transportation	Williamstown or Adams Council Of Aging	if a ride is needed to pick up groceries
Berkshire Community Diaper Project	https://www.berkshirecommunitydiaperproject.com/need-diapers	Please follow this link fro locations on Diapers in your area
Child Care of the Berkshires & NBCC	(413)663-7588	Emergency Diapers

Reduced BRTA Bus Service	https://www.berkshirerta.com/publicannouncements.php	Please check the website for changes to the bus schedule alone with other BRTA announcements.
Substance Use Supports		
	Contact Information	Comments
Pause A While	(425)436-6360 Access Code 422932#	Free conference call for AA meetings @2pm everyday.
1 Day at a Time	https://zoom.us/j/773878425 Or call in 1(646)876-9923 Meeting ID: 773 878 425	Zoom meeting for AA. 10pm EST 7 days a week. featuring a 15 minute speaker or topic followed by group discussion.
SROL (Smart Recovery Online Community)	https://www.smartrecovery.org/community	Warm and caring online community where participant interact and help one another recover from addictive behaviors. Registration is required to access SMART recovery online message board, chat room, and online meetings.
Narcotics Anonymous	https://www.na.org/meetingsearch/	Online meetings
Spectrum Health Systems	(413)442-0402	Still currently seeing patients
SaVida Health in Pittsfield	(413)236-9100	Monday - Thursday 8am-6pm, still seeing patients.
Savida Health in North Adams	(413)398-5180	Tuesday - Friday 8:30am - 5:30pm, still seeing patients.
CleanSlate Addiction Treatment Centers	(413)347-4088	Still seeing patients, will move to telahealth in future if necessary with pharmacy pick up for medications.
Brien Center	(413)499-0412	Using telahealth and phone based therapy. Injection clinic is still open, only one patient at a time. Day treatment programs and on hold.
Tapestry Health	(413)443-2844	Needle Exchange: Still open for needle exchange and narcan. Willing to give more supplies than normal to limit visits. No current testing Preventative Health: using telahealth with no in-person visits, can provide birth control and support for other that may have been exposed to an STI.
Mental Health Supports		
	Contact Information	Comments
Crisis Text Line	Text "Connect" to 741741 www.crisistextline.com/textline	Text line if you are anxious about COVID-19
North Berkshire EOC Hotline	(413)662-3614 email: nbcovid@gmail.com	8am - 5pm Monday through Friday answering questions related to COVID-19, regarding what services you may need as well as additional resources in your community

Parent Support Groups	https://zoom.us/j/6607380697 or Dial in 1(646)558-8656 Meeting ID 6607380697#	Mon 3/23 at 9am & 4:30pm Tues 3/24 at 8am & 6pm Wed 3/25 at 9am & 4pm Thur 3/26 at 12pm & 5pm
Parental Stress Line	(800)632-8188	24-7 Free & Confidential hotline for parental anxiety. Which can help address the following questions How do I protect my children? what do I tell them? or simply, how do I keep them busy when thier is no school?
Coping Skills tool-kit	www.virusanxiety.com	Resources to help you manage anxiety and stress during this time
National Alliance on Mental Illness	https://namimass.org/online-and-phone-support-options/	Many in-person peer and family support options have een temporarily suspended. Please visit this website to find options accessible during this time.
Veterans Crisis Line	(800)273-8255 and Press 1, or text 838255 to connect	Free confidential recourse for Veteran in crisis and their families and friends, incuding veterans not registered with the VA
*** This is a working Document, not a Comprehensive list, Last Updated 4/15/2020 ***		