

# B . C . B . O . H . A .

BERKSHIRE COUNTY BOARDS OF HEALTH ASSOCIATION

## Recreational Camp for Children Checklist

*Camps can use the DPH Checklist in the Annex as a template for their written testing plans.*

This is a checklist of the vaccination and disease management practices, including those for COVID-19, that must be a part of the Healthcare Plan for Recreational Camps for Children as per the Board of Health (BOH) and Public Health Nurses (PHN)

### All camps must have the following:

1. **All BOH and Town/City Permits** to operate a Recreational Camp for Children
2. **Knowledge of 105 CMR 430** [105 CMR 430.00: Minimum standards for recreational camps for children: State sanitary code chapter IV | Mass.gov](#)
3. **Knowledge of COVID-19 Camp Protocols** [COVID-19 Isolation and Quarantine Guidance for Children in Child Care, K-12, Out-of-School Time \(OST\) and Recreational Camp/Program Settings | Mass.gov](#)
4. **Knowledge of Isolation and Quarantine:** [COVID-19 Isolation and Quarantine Guidance for the General Public | Mass.gov](#)

### Other Required Elements and Best Practices: *subject to change at any time.*

- Diseases, COVID and Camps:** Camps must follow the regular Rec Camp Regulations 105 CMR 430: and Disease Regulations 105 CMR 300: as well as any local regulations or orders.
- Vaccinations:** a list of all vaccinations must be kept for campers and staff, including COVID-19 vaccinations. Unvaccinated or close contacts for any communicable disease may be excluded from camp or ordered to quarantine in the event of an outbreak in a camp as per BOH/PHN orders.
- Isolation Room:** Code requires a room with negative air pressure (could be as simple as an exhaust fan in a window) must be available in all camps for the symptomatic or diagnosed. Anyone with symptoms should be immediately isolated and tested or sent home. Any positive tests must be reported to BOH/PHN.
- Positive COVID Tests:** Any COVID-19 positive tests must be reported to the BOH/PHN. (See optional Camp testing protocols and requirements on page 2.)
- Positive Home Tests:** Positive home tests for those in camp over the last 48 hours should be reported to the camp who will report to the Board of Health. Home tests will not appear in MAVEN for follow-up.
- Contact Tracing:** Rec Camps are expected to conduct the contact tracing of Close Contacts, report back to PHN/BOH, and cooperate with any additional contact tracing requests from the PHN/BOH. Reporting and contact tracing are essential to identifying outbreaks. Additional measures at the discretion of the PHN/BOH.
- Close Contact:** Defined as a person within 6 feet of a Case for 15 cumulative minutes over 24 hours up to 48 hours before diagnosis or symptoms.
- Positive Test or Diagnosis:** Campers who test positive must isolate for at least 5 days. If they are asymptomatic or symptoms are resolving and they have been fever free for 24 hours, they may return to programming after Day 5, if they mask until Day 11 or have a negative test on Day 5 or later in order to return to programming prior to Day 11.
- Symptomatic:** Campers can remain at camp if they are tested immediately onsite, and the test is negative. Wear a mask until symptoms are fully resolved. If the symptomatic child cannot be tested immediately, they should be isolated or sent home and only allowed to return to camp if they test negative, have been fever-free for 24 hours without the use of fever-reducing medication and their symptoms have resolved, or a medical professional makes an alternative diagnosis. A negative test is strongly recommended.
- Quarantine:** Quarantine for asymptomatic exposed children is no longer required for camps. Children identified as Close Contacts may continue to attend camp as long as they remain asymptomatic. Those who can mask should do so until Day 11. Tests on Days 2 and 5 are recommended, but not required.
- Camp Staff:** At a minimum must follow the General Population guidelines for isolation and quarantine.

Dear Recreational Camp Stakeholders,

We have been informed that the state is making free iHealth COVID-19 Antigen Rapid Tests available on a one-time basis to any Recreational Camp or Program in Massachusetts. Tests will come in multiples of 180, with two tests per kit and 90 kits per box, and camps may order up to 1800 tests. Recreational camps and programs may request a one-time distribution of test kits, by filling out [this survey](#) by June 3rd. All tests will be shipped by June 10th. These tests should be used in accordance with the manufacturer's instructions and the camp's own testing policies. Please note that these and other FDA EUA-authorized over-the-counter tests, those widely available online and in retail stores, can be administered without the camp having a CLIA certificate or certificate of waiver.

Information about the proper use of the iHealth COVID-19 Rapid Antigen Tests, including specimen collection, handling, and storage, can be found on the package insert, on the manufacturer's website: <https://ihealthlabs.com/> and [on the FDA website](#). Note that the iHealth COVID-19 Antigen Rapid Test has been granted a 3-month shelf [extension](#) from the expiration date marked on the packaging.

Please distribute this information to any Recreational Camps or Programs that are interested in conducting COVID-19 testing. Camps with shipping questions or concerns should include those in the free text of the survey. Any other questions should be directed to Steve Hughes ([steven.hughes@mass.gov](mailto:steven.hughes@mass.gov)) and Kerry Wagner ([kerry.f.wagner@mass.gov](mailto:kerry.f.wagner@mass.gov)), who will forward them to the appropriate recipient.

We hope you all have a great camping season and thank you for everything you do to bring recreational opportunities to children across the state.

Community Sanitation Program  
MA Department of Public Health

Sincerely,

Kristin Castner