# Alliance Food Inspection Job Aid Tip Sheet

Mass Food Code Sections				
590.001 FC-1	Purpose and Definitions			
590.002 FC-2	Management and Personnel			
590.003 FC-3	Food			
590.004 FC-4	Equipment, Utensils and Linens			
590.005 FC-5	Water, Plumbing and Waste			
590.006 FC-6	Physical Facilities			
590.007 FC-7	Poisonous/Toxic Materials			
590.008 FC-8	Compliance and Enforcement			
590.009	Special MA Requirements			
590.010	Guidance for Retail Operations			
590.011	Additional Statutory Requirements			
590.012	Admin. Examination: Food Embargo			
590.013	Vending Machines			
590.014	Permits: Suspension and Revocation			
590.015	Service of Orders/Hearing			
590.016	Criminal Penalties			

## **PIC Duties - Active Managerial Control Interventions**

- A. FE Location not for living/sleeping
- B. Restrict Food Prep Area Access
- C. Vendors in Food Prep Area & Code
- D. Handwashing
- E. Monitor Deliveries: Sources & Temps
- F. Monitor After Hour Deliveries
- G. Time/Temp Control Monitoring
- H. Cooling & Temp Monitoring
- I. Hot/Cold Holding Temp Monitoring
- J. Consumer Advisories- Raw Animal Foods
- K. Cleaning/Sanitizing Food Equipment
- L. Consumer Advisories at Salad Bars
- M. Barehand contact with RTE Foods
- N. Allergen Awareness Training
- O. Staff Health Policy: FBI Reporting
- P. Written Policies/Plans Maintained

# P = Priority - main items contributing directly to safe food

Pf = Priority Foundation supports Priority Items

Core = general Code items such as sanitation

\* = Critical Items/Violations at end of the tag line

590.017 **Advisory Committee** 

590.018 Severability

#### **HACCP Steps:**

- 1. Hazard Identified
- 2. Critical Control Points CCP Determined
- 3. Critical Control Limits CCL Established
- 4. Monitoring Procedures Established
- 5. Corrective Action Procedures Established
- 6. Verification Procedures Established
- 7. Documentation Procedures Established

#### 5 FDA Foodborne Illness Risk Factors

- Food from unsafe sources/receiving temps
- Inadequate cooking temps
- Improper holding temps
- Contaminated equipment
- Poor personal hygiene

**TCS Foods:** Animal products + cooked veggies + sprouts + cut melons, tomatoes, leafy greens + garlic in oil.

## **Code Nomenclature and Conventions Example**

**CHAPTER: 3** Reference heading to find a Part **PART:** 3-3 Protection from Contamination after Receiving

**SUBPART:** 3-301 Preventing Contamination by **Employees** 

**SECTION**: 3-301.11 Preventing Contamination from Hands\*(Stricken in 105CMR.590.03 (E)

PARAGRAPH: 3-301.11 (A) Food employees shall wash their hands.

SUBPARAGRAPH: 3-301.11 A(1) Usually designated with a number.

Section Numbers ending in 0 OR 00 are FYI and NOT DEBITABLE. Need another section to be violation. SECTIONS ENDING IN: # 110 ARE DEBITABLE

s = Swing Item that can be critical

**Shall:** It is a command /imperative; **May Not:** Absolutely prohibits; May: Permissive

#### **Inspection Form Elements**

## TWO SECTIONS: Each has violations that are Priority, Priority Foundation, Core

- 1. Top (RED) 1-29: Foodborne Illness Risk Factors and Public Health Interventions
- 2. Bottom (BLUE) 30 56: Good Retail Practices (GRP) and MA only items

**IN**= in compliance, **OUT**= not in compliance or **COS** = Corrected on the spot **R** = Repeat Violation

Correction times - immediately or

P = 72 hours; Pf = 10 days; C = 90 days or as agreed in a written plan

N = Non-Critical Items

Correction Options: food embargo/voluntary disposal; more training, permit modifications, written HACCP plans or Corrective Action Plans (CAP), employee restrictions/exclusions, closure/revocation.

## Food Time/Temps for Safety Rules of Thumb

Danger Zone = 41F to 135F (40F – 140F is easier to remember – old standard)

Maintain Food at 135F indefinitely, though it will lose quality.

**Keep Open Foods Refrigerated for 7 days (must label)** 

Reheat to 165F one time if food falls below 135F for less than 2 hours; otherwise discard Cannot mix batches unless for immediate service or reheat everything to 165F

## Time as a PH Control (TPHC) – requires a written plan.

**2 Hrs.** Unknown/Special populations up to 2 hours; then discard.

4 Hrs. Hot RTE Foods: 4 hours above 41F and below 135F; then discard.

**6 Hrs**. Cold RTE Foods: 6 hours from internal temp of 41F to 70F; then discard.

## Quick Guide to Cooked Food Temps – Check Code for Details

Food Type/Process	Temperature	Hold Time/Appearance	Details
Fruit and Vegetables	135F		
Whole Meat	145F	3 minutes	
<b>Ground Meat</b>	160F		
Ham, fully cooked	140F		
Ham, uncooked	145F	3 minutes	
Poultry, Game	165F	15 seconds	
Eggs	145F	15 sec/Till Firm	
Egg Dishes	165F		
Fin Fish	145F	Or flesh is opaque	
Shrimp, Lobster, Crabs		Flesh opaque	
Clams, Oysters, Mussels		Shells open	
Leftovers, Casserole	165F		
Raw Fish	-4F	7 days	Freeze 7 days to kill parasites
Microwave Cooking	165F	2 minutes, stirred	
Reheating for Hot Holding	165F	15 seconds	2-hour max time to reheat from 41F
Cooling	135F – 41F	6 hrs. total	135F to 70F in 2 hours

# Time/Temp Relationship for Whole Meats/Roasts

Final Internal Time in Minutes Cook Temp (°F) Held at Temp.		Final Internal Time in Minutes  Cook Temp (°F) Held at Temp.		Final Internal Cook Temp (°F)	Time in Minutes Held at Temp.	
130°F	112 minutes	140°F	12 minutes	151°F	54 seconds	
131°F	89	142°F	8 minutes	153°F	34 seconds	
133°F	56	144°F	5 minutes	155°F	22 seconds	
135°F	36	145°F	4 minutes	157°F	14 seconds	
136°F	28	147°F	134 seconds	158°F	0 seconds	
138°F	18	149°F	85 seconds			

#### Sanitizers

Chlorine Concentration	Minimum Temperature Contact Time 7 – 10 sec.		<b>lodine</b> Contact Time 30 sec.	Quaternary Ammonium Contact Time 30 sec.	High Temp Sanitizing Ware Washing	
Mg/L	H 10 or less °C (°F)	pH 8 or less °C (°F)	Minimum temperature of 20°C (68°F), P	Minimum Temp of 24C/75F. Follow Manufacturer's	<b>Manual</b> 77C/171F	Machine 74C/165F
25 – 49	49 (120)	49 (120)	pH of 5.0;	Directions		82C/180F
50 – 99	38 (100)	24 (75)	Concentration			Manifold
100	13 (55)	13 (55)	between 12.5 MG/L and 25 MG/L; P			90C/194F